









































menu Stadtmitte


Date	Locality	Type	Description	Price
Monday, 17.02.2020	Otto-Berndt-Halle (A,G) (A,G,I)		Turkey breast-steak with cream sauce	2,40
Monday, 17.02.2020	Otto-Berndt-Halle (A,F,G)		Mensa Vital Soya gyros with tzatziki served with couscous	2,30
Monday, 17.02.2020	Otto-Berndt-Halle (3,8,J) (I,L)		Rostbratwürstchen (sausage) "Nuremberg style" served with gravy	2,20
Monday, 17.02.2020	Otto-Berndt-Halle (I,)		Short-term offer: more information available directly in the "mensa"	0,50
Monday, 17.02.2020	Otto-Berndt-Halle		Short-term offer: more information available directly in the "mensa"	0,80
Monday, 17.02.2020	Otto-Berndt-Halle		rice BIO	0,70
Monday, 17.02.2020	Otto-Berndt-Halle (A)		croquettes	0,80
Monday, 17.02.2020	Otto-Berndt-Halle (G)		mashed potatoes	0,70
Monday, 17.02.2020	Otto-Berndt-Halle		Short-term offer: more information available directly in the "mensa"	0,70
Monday, 17.02.2020	Otto-Berndt-Halle (3)		Short-term offer: more information available directly in the "mensa"	0,50
Monday, 17.02.2020	Otto-Berndt-Halle (G)		Strawberry quark	0,60

Date	Locality	Type	Description	Price
Monday, 17.02.2020	Otto-Berndt-Halle (G)		Short-term offer: more information available directly in the "mensa"	0,80
Monday, 17.02.2020	Otto-Berndt-Halle (A,G)		Short-term offer: more information available directly in the "mensa"	0,80
Monday, 17.02.2020	Otto-Berndt-Halle		Short-term offer: more information available directly in the "mensa"	0,70
Monday, 17.02.2020	Otto-Berndt-Halle (L)		with sauerkraut	0,70
Monday, 17.02.2020	Otto-Berndt-Halle (A,G)		creamy savoy vegetables	0,90
Monday, 17.02.2020	Marktrestaurant (A,I)		Short-term offer: more information available directly in the "mensa"	1,80
Monday, 17.02.2020	Marktrestaurant (A,G)		served with spinach sauce	1,80
Monday, 17.02.2020	Bistro (1,2,A,C,G,I)		Short-term offer: more information available directly in the "mensa"	2,50
Monday, 17.02.2020	Bistro (A,G)		Short-term offer: more information available directly in the "mensa"	2,10
Monday, 17.02.2020	Marktrestaurant (F,1) (A)		WOK Stir-fry spicy Pak Choi with mie noodles	2,90
Tuesday, 18.02.2020	Otto-Berndt-Halle (I)		Roast beef "Esterhazy" with julienne vegetables	2,40
Tuesday, 18.02.2020	Gabel / Grill (2,A,F,H)		Mensa Vital Vegetable Couscous with Tofu, plums and diced mangos	2,80
Tuesday, 18.02.2020	Otto-Berndt-Halle (A,C,I) (I,L)		Breaded crispy schnitzel with onion sauce	2,70
Tuesday, 18.02.2020	Otto-Berndt-Halle		Short-term offer: more information available directly in the "mensa"	0,80

Date	Locality	Type	Description	Price
Tuesday, 18.02.2020	Otto-Berndt-Halle		Short-term offer: more information available directly in the "mensa"	0,70
Tuesday, 18.02.2020	Otto-Berndt-Halle (3)		Short-term offer: more information available directly in the "mensa"	0,50
Tuesday, 18.02.2020	Marktrestaurant (1,2,4,A,F,K)		WOK Orange ginger chicken basmati rice	3,90
Tuesday, 18.02.2020	Bistro (A,C,G,L)		Short-term offer: more information available directly in the "mensa"	2,40
Tuesday, 18.02.2020	Bistro (A)		Short-term offer: more information available directly in the "mensa"	2,10
Tuesday, 18.02.2020	Marktrestaurant (1,2,4,A,F,K)		WOK Orange ginger with tofu basmati rice	3,60
Wednesday, 19.02.2020	Otto-Berndt-Halle (2,3,4,8,J,G,I) (2,3,4,8,J) (A)		Odenwlder potatoe stew with smoked meat (2,3,4,G,I)with wieners served with a roll	2,60
Wednesday, 19.02.2020	Otto-Berndt-Halle (2,3,4,8,J,G,I) (2,3,4,8,J) (A)		Odenwlder potatoe stew with smoked meat (2,3,4,G,I)served with a roll	2,10
Wednesday, 19.02.2020	Gabel / Grill (A,G)		Mensa Vital Chicken breast with tomato-Mozzarella crust served with broccoli and curry rice	3,10
Wednesday, 19.02.2020	Otto-Berndt-Halle		Short-term offer: more information available directly in the "mensa"	2,30
Wednesday, 19.02.2020	Otto-Berndt-Halle		Short-term offer: more information available directly in the "mensa"	0,80
Wednesday, 19.02.2020	Otto-Berndt-Halle		Short-term offer: more information available directly in the "mensa"	0,70
Wednesday, 19.02.2020	Otto-Berndt-Halle (3)		Short-term offer: more information available directly in the "mensa"	0,50

Date	Locality	Type	Description	Price
Wednesday, 19.02.2020	Marktrestaurant (E)		Wok "Satay" with turkey breast served with basmati rice	3,90
Wednesday, 19.02.2020	Bistro (A,J,2,3,4,8)		Short-term offer: more information available directly in the "mensa"	2,60
Wednesday, 19.02.2020	Bistro (A,H)		Short-term offer: more information available directly in the "mensa"	2,10
Wednesday, 19.02.2020	Marktrestaurant (A,E,F)		Wok "Satay" with tofu and vegetables (F,E)served with basmati rice	3,60
Thursday, 20.02.2020	Otto-Berndt-Halle (A,H)		Spaghetti with limes, peas, mushrooms and cashews	2,80
Thursday, 20.02.2020	Gabel / Grill (1,3,A,J,C,D,G,L)		Mensa VitalCooked hake (fish) in an egg-dill shell on balsamic lentils with horseradish mashed potatoes	3,20
Thursday, 20.02.2020	Otto-Berndt-Halle (I)		Pork ridge steakwith a bärlauch sauce	2,10
Thursday, 20.02.2020	Otto-Berndt-Halle		Short-term offer: more information available directly in the "mensa"	0,80
Thursday, 20.02.2020	Otto-Berndt-Halle		Short-term offer: more information available directly in the "mensa"	0,70
Thursday, 20.02.2020	Otto-Berndt-Halle (3)		Short-term offer: more information available directly in the "mensa"	0,50
Thursday, 20.02.2020	Marktrestaurant (A,F)		Wok spicy curry chicken served with mie noodles	3,90
Thursday, 20.02.2020	Bistro (A,C,G,I)		Vegetable-raviolis (A,C,I)Tomatoes onions vegetables (A)	2,30
Thursday, 20.02.2020	Bistro (A,)		Short-term offer: more information available directly in the "mensa"	2,10

Date	Locality	Type	Description	Price
Thursday, 20.02.2020	Marktrestaurant (A,F)		Wok spicy curry tofu served with mie noodles	3,60
Friday, 21.02.2020	Otto-Berndt-Halle (A,D) (3,A,J,C,G,I)		Roasted saithe (fish) filet with sauce tartar	1,70
Friday, 21.02.2020	Otto-Berndt-Halle (A,C,G,H)		Mensa Vital Potatoe-savoy-casserole with potatoe dices and cashews topped with balkan cheese	2,30
Friday, 21.02.2020	Otto-Berndt-Halle (3,4,8,J)		Curry frying sausage	1,60
Friday, 21.02.2020	Otto-Berndt-Halle		Short-term offer: more information available directly in the "mensa"	0,80
Friday, 21.02.2020	Otto-Berndt-Halle		Short-term offer: more information available directly in the "mensa"	0,70
Friday, 21.02.2020	Otto-Berndt-Halle (3)		Short-term offer: more information available directly in the "mensa"	0,50
Friday, 21.02.2020	Marktrestaurant (2,3,A,F,E)		WOK Pad Thai with Chicken breast and rice noodle	3,10
Friday, 21.02.2020	Bistro (A,C,G)		Short-term offer: more information available directly in the "mensa"	2,30
Friday, 21.02.2020	Bistro (3,A)		Short-term offer: more information available directly in the "mensa"	2,10
Friday, 21.02.2020	Marktrestaurant (2,3,A,F,E)		WOK Pad Thai with Tofu and rice noodle	2,90

 Vegan / Pig

 Vegan


 Vegetarian

 Poultry

 Pig

 Beef

 Calf


 Lamb / Sheep

 Venison

 Fish

 Pig / Poultry

 Pig / Fish

 Beef / Pig

 Poultry / Fish

Allergene und Zusatzstoffe

Allergens and Additives

Allergene

- A** Glutenhaltiges Getreide*
- B** Krebstiere und Krebstiererzeugnisse
- C** Eier und Eierzeugnisse
- D** Fisch und Fischerzeugnisse
- E** Erdnüsse und Erdnusserzeugnisse
- F** Soja und Sojaerzeugnisse
- G** Milch und Milcherzeugnisse
- H** Schalenfrüchte*
- I** Sellerie und Sellerieerzeugnisse
- J** Senf und Senferzeugnisse
- K** Sesamsamen und Sesamsamenerzeugnisse
- L** Schwefeldioxid und Sulfite
- M** Lupine und Lupinenerzeugnisse
- N** Weichtiere (Mollusken)

* Für genauere Informationen zu Gluten und Schalenfrüchten fragen Sie bitte unsere MitarbeiterInnen.

Allergens

- A** Gluten containing grains*
- B** Crustaceans and crustacean products
- C** Eggs and egg products
- D** Fish and fish products
- E** Peanuts and peanut products
- F** Soybeans
- G** Milk and milk products
- H** Nuts*
- I** Celery and celery products
- J** Mustard and mustard products
- K** Sesame and sesame products
- L** Sulfur dioxides and sulfides
- M** Lupines
- N** Molluscs

*For more information on gluten containing grains and nuts please ask our staff.

Zusatzstoffe

- 1** Lebensmittelfarbe
- 2** Konservierungsstoffe
- 3** Antioxidationsmittel
- 4** Geschmacksverstärker
- 5** Geschwefelt
- 6** Geschwärzt
- 7** Gewachst
- 8** Phosphat
- 9** Süßungsmittel
- 10** Phenylalaninquelle

Additives

- 1** Food colouring
- 2** Preservatives
- 3** Antioxidants
- 4** Flavour enhancer
- 5** Sulfides
- 6** Blackened
- 7** Waxed
- 8** Phosphates
- 9** Sweeteners
- 10** Phenylalanine



Rind
Beef



Schwein
Pig



Schwein/Fisch
Pig/Fish



Geflügel/Fisch
Poultry/Fish



Fisch
Fish



Geflügel
Poultry



Wild
Deer



Vegan



Lamm/Schaf
Lamb/sheep



Kalb
Calf



Vegetarisch
Vegetarian



Schwein/Geflügel
Pig/Poultry



Rind/Schwein
Beef/Pig



Insekt
Insect